



BE MORE LIKE OUR FRIEND THE OWL
**LISTEN MORE,
TALK LESS**



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

AUGUST

16

Show you are involved, put away your cell phone while interacting with people.

17

Mad? Remember to not lose your temper!

18

#BE HELIO 

19

Be the Sun,
Be curious while communicating with people.

20

Not the Salt,
don't prepare your remarks while listening.

21

Don't dominate a conversation by talking about yourself.

22

Smile and move on - Don't think about the small stuff.

23

Remember that interrupting is always salty.

24

Listening is a great way to stay curious, rather than saying the first thing that comes to mind.

25

Show you are involved, put away your cell phone while interacting with people... (worth repeating!)

26

Listen with the intent to learn something.

27

When communicating, ask short questions.

28

Happy National Lemon Juice Day, reminder to not be sour, but sweet today!

29

A great way to show you're listening is to smile!

30

Let people know you care, look them in the eyes.

31

Why take the low road when you can take the high road, there's a better view and you're close to the sun.

To download our next calendar, visit BetheSunNottheSalt.com

