



PRACTICE, PRACTICE, PRACTICE BEING AN OLYMPIC LISTENER.



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

To download our next calendar,
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DECEMBER

16

Look people
in the eye
today.

17

Put away your
cell phone while
visiting with
someone
in person.

18

Listen without
thinking of
what to
say next.

19

Don't interrupt
people while
they are talking.

20

Smile while
someone is
talking to you.

21

Put away your
cell phone
(worth
repeating).

22



23

Pause before
you respond,
don't lose
your temper
today..

24

Be respectful
while others
are talking
today. Be
present in
the conversation.

25

Merry
Christmas!

26

Watch peoples'
body language;
everything
speaks if you
really listen

27

Listen with the
intention of
learning
something that
you don't
know today.

28

Don't talk
about yourself
at all today.

29

Be the Sun,
Give people
what they need
today. Learn this
by observing
and being a
careful listener.

30

Not the Salt,
Ask short
questions,
don't go
on and on!

30

Be curious
about what
people have
to say today.