



IF YOU KNOW YOU CAN BE BETTER, THEN BE BETTER.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SEPTEMBER

1

Let a small issue remain small.

2

#BE
HELIO 

3

Be the Sun,
Listen intently to those talking to you.

4

Not the Salt,
Bite your tongue, you don't have to say everything you think.

5

Happy National Day of Charity!
Be the Sun today and do what you can to support an organization local to you!

6

Take just a little bit more time to work on your heliotropic skills.

7

Find the silver lining in every dark cloud.

8

Say one positive word out loud to yourself daily.

9

As Harry says, life is too short, Tick Tock, make use of it!

10

Take a negative thought and change it to something positive!

11

Take the high road, there is less traffic.

12

Share a warm smile with a stranger today.

13

Happy National Positive Thinking Day!
Make an intentional effort to be positive today.

14

Practice being a little better each day. It will make the world a better place.

15

Cut other people the same slack you want them to cut you.

To download our next calendar, visit BethesunNottheSalt.com

